



Dear teachers,

Here is a worksheet that we developed to help students better understand other children's differences and what makes them different from others. It is an important lesson for the children so that they see these differences as something good instead of something that should be mocked, pointed out and made fun of. While this sheet was developed for the Understanding Dwarfism Program, it is suitable for any situation and a valuable life lesson. Speak to your class and help them recognize their differences. The sheets can be hung up in the classroom or in the hallways after the students work on them for all to see. Thank you for allowing your students to participate in this project and thank you for helping to make a difference! Below are a few words that you can share with your class to better explain this project.

Here is a worksheet that I would like you all to take a look at. The people on this sheet represent people in our schools, our friends and family. Each person has a difference. That means there is something that makes them different from others. It might be that they are taller, shorter, heavier or smaller. Some children have different color skin, hair or eyes. Some need help getting around, to reach something or to figure out how to get something done. Some might even speak differently or some might not speak at all. Even though some people look different or act differently, they are all people just like you and should be treated the same way you would want to be treated.

Please take some time to color in the people on the sheet. When you are finished, please take a few minutes to think about what makes you different from the other children and draw a picture of yourself and color it in. You can write what it is that makes you different under your drawing.

The purpose of this worksheet is for all of you to recognize other people's differences and to see what makes you different from others. This will help us all understand that these differences are what makes people who they are and that is what makes us all AWESOME! If we all looked the same, talked the same and walked the same...that would make things quite boring. We all have differences. Being different is actually the one thing that we all have in common. Today we need to recognize our differences and celebrate them, because that is what makes us who we are and we are all... AWESOME!